

DASH

January

10 Work Habits

24 High School Retreat

February

7 Four Loves Panel

21 Clothing Drive

March

7 Weekend Workshop

28 The Interior Life

April

4 Visit to the Seniors

18 No DASH/Good Friday

SPRING 2025

What is DASH?

A GIRLS CLUB DEDICATED TO:

1. EMPOWERING LEADERS
2. INSPIRING SERVICE
3. DEVELOPING CRITICAL THINKING, APPRECIATION FOR BEAUTY, AND AN INTERIOR LIFE

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Schedule

5:00 SESSION PT. 1

5:45 DINNER

6:30 VISIT TO THE BLESSED
SACRAMENT

6:45 SESSION PT. 2

7:30 MENTORING / CONFESSION

8:30 FINISH



3637 ANGUS DR.

CRESTWELL IS SPONSORED BY
HEADFORD CULTURAL GROUP, A
REGISTERED CHARITY WHOSE
SPIRITUAL ACTIVITIES ARE ENTRUSTED
TO OPUS DEI, AN INSTITUTION OF THE
ROMAN CATHOLIC CHURCH.

Friday Formation

January

17 Circle/Doctrine Class

24 High School Retreat

31 Recollection

February

14 Circle/Doctrine Class

28 Recollection

March

14 Circle/Doctrine Class

21 Recollection

April

11 Circle/Doctrine Class

25 Recollection

SPRING 2025

What is Friday Formation?

AN OPPORTUNITY TO RECEIVE:

1. DOCTRINAL AND SPIRITUAL FORMATION
2. TALKS AND MEDITATIONS TO FEED YOUR INTERIOR LIFE
3. TIME TO RECOLLECT AND SET NEW RESOLUTIONS

Schedule

5:30 GET TOGETHER

6:00 DINNER

6:45 FORMATION

7:30 MEDITATION / CONFESSION

8:30 FINISH



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